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**THE ROLE OF PHYSICAL EDUCATION LESSONS IN THE MORAL
EDUCATION OF PRIMARY SCHOOL STUDENTS**

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Abstract; This article analyzes the importance of physical education lessons in the moral education of primary school students, their pedagogical opportunities, and effective methods. During the research process, the issues of developing moral qualities such as discipline, teamwork, mutual respect, responsibility, and patriotism in students through physical education classes were studied. The results showed that the proper organization of physical education lessons has a positive impact not only on students' physical development but also on their spiritual and moral growth.

Keywords: moral education, physical education, primary education, spiritual education, teamwork, pedagogical methods.

INTRODUCTION

Today, one of the important tasks facing the education system is to educate the younger generation as physically healthy and spiritually mature individuals. In particular, physical education lessons play a significant role in the moral education of primary school students. During physical activities, students not only develop movement skills but also acquire moral qualities such as discipline, solidarity, friendship, and mutual assistance.

At the stage of primary education, children's psychological and physiological development progresses actively. Therefore, the upbringing provided during this period has a strong influence on the future formation of a child's personality. Physical education lessons teach students to work in teams, follow rules, and respect opponents.

The purpose of the article is to highlight the importance of physical education lessons in the moral education of primary school students and to analyze effective pedagogical methods.

METHODOLOGY

The following methods were used during the research process:

- pedagogical observation;
- conversations and question-answer methods;
- analysis and synthesis;
- comparative analysis;
- study of scientific and methodological literature;
- monitoring of physical education activities.



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The object of the research was physical education lessons conducted in primary classes. During the activities, students' teamwork, discipline, and interpersonal relationships were observed.

In addition, the influence of interactive methods such as "group games," "relay races," "role-playing exercises," and the "competition method" on moral education was analyzed.

RESULTS

The research results showed that physical education lessons are an important means of forming students' moral qualities.

The following positive outcomes were identified:

1. **Formation of discipline.** Following established rules during physical education activities helped students develop responsibility and discipline.
2. **Development of teamwork and cooperation.** Team games and competitions strengthened mutual assistance, solidarity, and friendship among students.
3. **Mutual respect and tolerance.** Sports activities developed skills such as respecting opponents and acting fairly.
4. **Development of willpower and patience.** Performing physical exercises helped students develop qualities such as overcoming difficulties, patience, and striving toward goals.
5. **Development of patriotism.** National sports games and collective activities strengthened students' respect for national values and feelings of patriotism.

DISCUSSION

Physical education lessons are of great importance in the comprehensive development of primary school students. During these lessons, children practically learn moral norms through physical activity. For example, qualities such as following rules, helping teammates, and honesty are developed through sports games.

The use of modern pedagogical technologies further increases the effectiveness of physical education lessons. In particular, interactive games and collective exercises increase children's interest and develop their social activity.

At the same time, the teacher's personal example is also an important factor. The teacher's ethics, communication culture, and strictness serve as a model for students.

CONCLUSION

In conclusion, physical education lessons are an important pedagogical tool in the moral education of primary school students. Through physical activities, students develop moral qualities such as discipline, teamwork, responsibility, honesty, and patriotism.

Based on the research results, the following recommendations were developed:

- widely use interactive methods in physical education lessons;
- introduce more national movement games into activities;
- develop moral qualities through collective exercises;
- strengthen cooperation between parents and schools;



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- improve teachers' pedagogical skills.

These approaches are important in ensuring the spiritual and moral development of primary school students.

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