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**IMPROVING THE MORAL EDUCATION OF PRIMARY SCHOOL STUDENTS
THROUGH PHYSICAL EDUCATION LESSONS**

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Abstract; This article analyzes the pedagogical significance and effective methods of improving the moral education of primary school students through physical education lessons. During the research process, the opportunities for developing moral qualities such as discipline, teamwork, responsibility, mutual respect, and patriotism in students through physical education activities were studied. The results showed that organizing physical education lessons based on modern pedagogical technologies plays an important role in improving the spiritual and moral development of students.

Keywords: moral education, physical education, primary education, spiritual development, pedagogical technology, teamwork.

INTRODUCTION

Today, one of the urgent tasks of the education system is to educate the younger generation as comprehensively developed individuals. In particular, the moral education of primary school students and the formation of positive behavior in them are of great importance. In this process, physical education lessons serve as an important tool not only for students' physical development but also for their spiritual and moral growth.

During physical education classes, students acquire important life skills such as discipline, teamwork, respect for opponents, and the ability to overcome difficulties. This contributes significantly to the improvement of their moral development.

The purpose of this article is to analyze effective methods of improving the moral education of primary school students through physical education lessons.

METHODOLOGY

The following scientific methods were used during the research process:

- pedagogical observation;
- conversations and interviews;
- analysis and synthesis;
- comparative analysis;
- study of scientific and methodological literature;
- monitoring of physical education lessons.

The object of the study was physical education classes organized in primary schools. During the lessons, students' moral attitudes, teamwork activity, and discipline were observed.



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In addition, the educational significance of interactive methods such as the “competition method,” “group exercises,” “movement games,” and “role-playing tasks” was analyzed.

RESULTS

The research results showed that physical education lessons are an effective means of improving the moral education of primary school students.

The following results were identified:

1. **Development of discipline and responsibility.** Compliance with established rules during physical activities helped students develop discipline and a sense of responsibility.
2. **Formation of teamwork skills.** Group games and collective exercises strengthened cooperation, mutual assistance, and friendship among students.
3. **Strengthening of mutual respect and tolerance.** Sports activities contributed to the development of qualities such as respect for opponents, fairness, and honesty.
4. **Development of willpower and patience.** Physical exercises helped students develop the ability to overcome difficulties, strive toward goals, and control themselves.
5. **Improvement of spiritual and moral maturity.** National movement games and educational sports events promoted patriotism and respect for national values among students.

DISCUSSION

Physical education lessons are considered an important pedagogical tool in the comprehensive development of students. During the lessons, children are engaged not only in physical activities but also in learning social relationships. This positively influences their spiritual and moral development.

The use of modern pedagogical technologies and interactive methods increases the effectiveness of physical education lessons. In particular, team games and competitions enhance students’ interest and develop their social activity and responsibility.

At the same time, the teacher’s pedagogical skills and personal example are also of great importance. The teacher’s politeness, strictness, and fair attitude toward students ensure the effectiveness of the educational process.

CONCLUSION

In conclusion, physical education lessons play an important role in improving the moral education of primary school students. Through physical activities, students develop moral qualities such as discipline, teamwork, responsibility, honesty, and patriotism.

Based on the research results, the following recommendations were developed:

- widely use interactive methods in physical education lessons;
- introduce national movement games into the educational process;
- develop social activity through collective exercises;
- strengthen cooperation between parents and schools;



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- improve the pedagogical skills of physical education teachers.

These approaches contribute to ensuring the spiritual and moral development of primary school students.

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